

SUNDAY

8:00 AM HOUR OF POWER VIRTUAL (Daily Reflections) OL
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09>
Phone #1(929)205-6099
Meeting ID 810 6263 3610, Passcode: serenity20
Last Sunday of month - Celebration meeting format

9:30 AM SOBER SISTERS VIRTUAL (Women Only) C/L/D
Meditation Meeting
Email sistersrockland@gmail.com for zoom login

10:00 AM LIVE & LET LIVE LGBT+ HYBRID CD/LS
<https://zoom.us/j/2897067512>
Phone 1(929) 205-6099
Meeting ID 2897067512, Passcode 876543

11:00 AM NEW HORIZONS VIRTUAL OST/T
<https://zoom.us/j/84465048212>
Phone 1(929) 205-6099
Meeting ID 84465048212, Passcode 849597

NOON HOUR OF POWER VIRTUAL OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
Phone # 1(929) 205-6099
Meeting ID 817 1179 4244, Passcode: serenity20
Last Sunday of month - Tradition meeting format

4:00 PM ROCKLAND FREETHINKERS VIRTUAL SC/OD
Email rocklandfreethinkers@gmail.com

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
Phone #1(929) 205-6099
Meeting ID 847 1616 9843, Passcode: serenity20
Last Sunday of month - Celebration meeting format

7:00 PM PROMISES TO GO (PIERMONT) VIRTUAL CD
<https://us02web.zoom.us/j/85452384108?pwd=dnNVZlhwME5udnl0eVhPZVEwVmdRZz09>
Phone +1 646 558 8656
Meeting ID: 854 5238 4108, Password: 350886

8:00 PM THRUWAY MEN’S GROUP VIRTUAL (Men Only) CBB
<https://zoom.us/j/549528574>
Phone # 1(646) 876-9923
Meeting ID: 549 528 574, Password: 301320



VIRTUAL MEETING LIST

ALCOHOLICS ANONYMOUS OF
ROCKLAND COUNTY
P.O. BOX 706
WEST NYACK, NEW YORK 10994

(845) 352- 1112

24 HOUR ANSWERING SERVICE

www.AA.org

www.rocklandnyaa.org

MEETING CODES

C	Closed	CD	Closed Discussion
B	Beginners	BB	Big Book Meeting
ST	Step Meeting	T	Traditions Meeting
P	Promises Meeting	L	Literature Meeting
OD	Open Discussion	OBS	Open Beginners Speaker
O	Open Speaker	WC	Access for Handicapped
YP	Young People	SC	Secular

O and OD meetings may be attended by anyone.

All other meetings are restricted to alcoholics only and are intended for alcoholics and those who think they have a problem with alcohol.

NOTES: If dialing in, press * 9 to raise hand to share.
For online meetings, click or enter the link into your browser

Check Website for Committee Meeting Status

***The Rockland County Intergroup** meets on the first Tuesday of the month. Check website for location or links.

***The Rockland County General Service Committee** meets virtually on the third Wednesday of the month at 7:30 PM.

***The Rockland AA Intergroup Institutions Committee** meets on the first Tuesday of each month at 7:30 PM, check website for location or links.

***The Rockland County Public Information Committee** meets the first Monday of each month at 8:00 PM. Check website for location or links.

***The Rockland County Bookers Exchange** meets the first Tuesday of March, June, September, and December at 7:00 PM. Check website to confirm.

MONDAY

7:30 AM SUNRISE GROUP HYBRID CST
<https://us04web.zoom.us/j/788083896>
Phone # 1(646) 558-8656
Meeting ID: 788 083 896, PW 7867473

8:00 AM HOUR OF POWER VIRTUAL OL
(Open Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09>
Phone #1(929)205-6099
Meeting ID 810 6263 3610, Passcode: serenity20

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
Phone #1(929) 205-6099
Mtg ID 847 1616 9843, Passcode: serenity20

6:00 PM CONGERS BY THE BOOK WOMEN’S HYBRID CD
<https://zoom.us/j/885479050>
Phone # 1(929) 436-2866
Meeting ID 885 479 050, Password: 760120
(Women Only)

7:00 PM WEST NYACK GROUP HYBRID CB
<https://us02web.zoom.us/j/89014327680?pwd=NW5sa3BMZWUOV091eHUvK3lFSzjvZz0>
Phone # 1 (929) 205-6099
Meeting ID: 890 1432 7680, pw 715634

7:30 PM ROCKLAND FREETHINKERS VIRTUAL OSC
Contact rocklandfreethinkers@gmail.com

8:00 PM THRUWAY MEN’S GROUP VIRTUAL (Men Only) CD
<https://zoom.us/j/549528574>
Phone # 1(646) 876-9923
Meeting ID: 549 528 574, Password: 301320

TUESDAY

7:30 AM SUNRISE GROUP HYBRID CD/B
(Living Sober Newcomers)
<https://us04web.zoom.us/j/788083896>
Phone # 1(646) 558-8656,
Meeting ID: 788 083 896, PW 7867473

8:00 AM HOUR OF POWER VIRTUAL (Daily Reflections) OL
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09>
Phone #1(929)205-6099
Meeting ID 810 6263 3610, Passcode: serenity20

NOON HOUR OF POWER VIRTUAL OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
Phone # 1(929) 205-6099
Meeting ID 817 1179 4244, Passcode: serenity20

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
Phone: # 1(929) 205-6099,
Meeting ID 847 1616 9843, Passcode: serenity20

7:15 PM SUFFERN GROUP VIRTUAL (opens at 7 pm) CST
<https://us04web.zoom.us/j/168569973?pwd=dERlU2NqU3AwNEV0ZmdPVU5KTdWdz09>
Phone # 1 (646) 558 8656
Meeting ID 168 569 973, Password 260949

7:15 PM NEW HORIZONS VIRTUAL (starts 3/9/21) OB/D
<https://zoom.us/j/84465048212>
Phone 1(929) 205-6099
Meeting ID 84465048212, Passcode 849597

8:00 PM THRUWAY MEN’S GROUP VIRTUAL (Men Only) CST
<https://zoom.us/j/549528574>
Phone # 1(646) 876-9923
Meeting ID: 549 528 574, Password: 301320

8:00 PM HOUR OF POWER VIRTUAL OD
<https://us02web.zoom.us/j/86853175968?pwd=Q1pUakRFTzhHRW5NNTJDc3JiTIU4UT09>
Phone # 1(929) 205-6099
Meeting ID 868 531 75968, Passcode: serenity20

May 13, 2025

WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
7:30 AM SUNRISE GROUP HYBRID	OSP	7:30 AM SUNRISE GROUP HYBRID	CBB	7:30 AM SUNRISE GROUP HYBRID	CDR	8:00 AM HOUR OF POWER VIRTUAL	OL
https://us04web.zoom.us/j/788083896 Phone # 1(646) 558-8656 Meeting ID: 788 083 896, Password 7867473		https://us04web.zoom.us/j/788083896 Phone # 1(646) 558-8656 Meeting ID: 788 083 896, Password 7867473		(Daily Reflections) https://us04web.zoom.us/j/788083896 Phone # 1(646) 558-8656 Meeting ID: 788 083 896, Password 7867473		(Daily Reflections) https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09 Phone #1(929)205-6099 Meeting ID 810 6263 3610, Passcode: serenity20	
8:00 AM HOUR OF POWER VIRTUAL	OL	8:00 AM HOUR OF POWER VIRTUAL	OL	8:00 AM HOUR OF POWER VIRTUAL	OL	9:00 AM CAVE DWELLERS VIRTUAL	CB
(Daily Reflections) https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09 Phone #1(929)205-6099 Meeting ID 810 6263 3610, Passcode: serenity20		(Daily Reflections) https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09 Phone #1(929)205-6099 Meeting ID 810 6263 3610, Passcode: serenity20		(Daily Reflections) https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09 Phone #1(929)205-6099 Meeting ID 810 6263 3610, Passcode: serenity20		https://us02web.zoom.us/j/88594692573?pwd=MjYyRVWhEOFFFBmp3RURlcTRTV202UT09 Phone #646-489-3309 Meeting ID: 885 9469 2573, Password: 113059 Fourth Saturday of month Hybrid, Open Speakers	
NOON HOUR OF POWER VIRTUAL	OST	NOON HOUR OF POWER VIRTUAL	OST	NOON HOUR OF POWER VIRTUAL	OST	10:00 AM UNITY (PIERMONT) VIRTUAL	OSP/D
https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09 Phone # 1(929) 205-6099 Meeting ID 817 1179 4244, Passcode: serenity20		https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09 Phone # 1(929) 205-6099 Meeting ID 817 1179 4244, Passcode: serenity20		https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09 Phone # 1(929) 205-6099 Meeting ID 817 1179 4244, Passcode: serenity20		https://us06web.zoom.us/j/87299771232?pwd=YWVCK3NRakJzQDF2dlYzdW0rZXgzdz09 Phone #646-558-8656 Meeting ID: 872 9977 1232, Password: 372359 Last Saturday Anniversary Celebration	
6:00 PM HOUR OF POWER VIRTUAL	OB	6:00 PM HOUR OF POWER VIRTUAL	OB	6:00 PM HOUR OF POWER VIRTUAL	OB	NOON HOUR OF POWER VIRTUAL	OST
https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09 Phone: Dial +1(929) 205-6099, Meeting ID 847 1616 9843, Passcode: serenity20		https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09 Phone: Dial +1(929) 205-6099, Meeting ID 847 1616 9843, Passcode: serenity20		https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09 Phone: Dial +1(929) 205-6099, Meeting ID 847 1616 9843, Passcode: serenity20		https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09 Phone # 1(929) 205-6099 Meeting ID 817 1179 4244, Passcode: serenity20	
6:30 PM JUST FOR TODAY VIRTUAL	OD	7:00 PM ANY LENGTHS VIRTUAL	CST	7:00 PM SOBER SISTERS VIRTUAL (Women Only)	CD	6:00 PM HOUR OF POWER VIRTUAL	OB
https://us02web.zoom.us/j/3450360709 Phone # (929) 205-6099, Meeting ID 345 036 0709		https://us06web.zoom.us/j/82681907043?pwd=YbQle78lLDncZYXuN2sYMNmIrbEUvD.1 Meeting ID: 826 8190 7043 Passcode: 294677		Meditation Meeting Email sistersrockland@gmail.com for zoom login		https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09 Phone: Dial +1(929) 205-6099, Meeting ID 847 1616 9843, Passcode: serenity20	
8:00 PM THRUWAY MEN’S GROUP VIRTUAL (Men Only)	CB	7:30 PM PIERMONT UNITY	CD	8:00 PM THRUWAY MEN’S GROUP VIRTUAL (Men Only)	CD	7:00 PM WEST NYACK GROUP HYBRID	OSP/D
https://zoom.us/j/549528574 Phone # 1(646) 876-9923 Meeting ID: 549 528 574, Password 301320		https://us04web.zoom.us/j/89694468349 Meeting ID 896 9446 8349, Phone 1-929-205-6099		https://zoom.us/j/549528574 Phone # 1(646) 876-9923 Meeting ID: 549 528 574, Password: 301320		https://us02web.zoom.us/j/84728291340?pwd=Ti9kZ2tYTHhBYXpYdWFzaTZCZENsdz09 Phone +1(929) 205-6099 Meeting ID: 847 2829 1340, pw 715634	
9:00 PM 11 th STEP MEDITATION/DISCUSSION VIRTUAL	OST/D	8:00 PM THRUWAY MEN’S GROUP VIRTUAL (Men Only)	OSP			8:00 PM THRUWAY MEN’S GROUP VIRTUAL (Men Only)	CL
https://us04web.zoom.us/j/2316225487 Phone +1 415 762 9988 Meeting ID: 231 622 5487 Password 164		https://zoom.us/j/549528574 Phone # 1(646) 876-9923, ID: 549 528 574, Pw: 301320				https://zoom.us/j/549528574 Phone # 1(646) 876-9923 Meeting ID: 549 528 574, Password: 301320	
9:00 PM PALISADES HYBRID	CD						