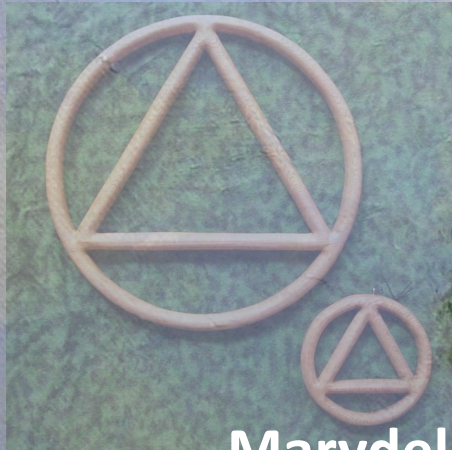


# Rockland County SHARE-A-DAY



Primary Purpose

**SUNDAY September 22nd 9 to 5**



Marydell Faith and Life Center  
640 North Midland Avenue  
Upper Nyack, NY 10960


A day full of:

- Featured speakers 
- BBQ lunch 
- Topic Meetings 

- Long Timer's Panel 
- Al Anon 
- Sobriety Countdown 

Families are welcome. Bring a friend and make some new ones! Fellowship throughout the day, starting with coffee/bagels at 9 a.m. AA & Al Anon meetings beginning at 9:30. Midday, enjoy a BBQ lunch... Stay for the Long Timer's Meeting & Main speakers, and Sobriety Countdown.

**To volunteer to help, email: [shareaday@aarockland.org](mailto:shareaday@aarockland.org)**

 Sponsored by Rockland County Intergroup - A fall event 