

SUNDAY

8:00 AM HOUR OF POWER VIRTUAL (Daily Reflections) OL
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09>
Phone #1(929)205-6099
Meeting ID 810 6263 3610, Passcode: serenity20
Last Sunday of month - Celebration meeting format

9:30 AM SOS GROUP VIRTUAL OL
(Open Daily Reflection)
<https://us02web.zoom.us/j/87675607452?pwd=Q3FsR1ZlY3RSU1UQ0WkNmVE05R0ZsUT09>
Phone # 1 (646) 558-8656
Meeting ID: 876 7560 7452, Password: 295759

9:30 AM SOBER SISTERS VIRTUAL (Women Only) C/L/D
Meditation Meeting
Email sistersrockland@gmail.com for zoom login

10:00 AM LIVE & LET LIVE LGBT+ HYBRID CD/LS
<https://zoom.us/j/2897067512>
Phone 1(929) 205-6099
Meeting ID 2897067512, Passcode 876543

11:00 AM NEW HORIZONS VIRTUAL OST/T
<https://zoom.us/j/84465048212>
Phone 1(929) 205-6099
Meeting ID 84465048212, Passcode 849597

NOON HOUR OF POWER VIRTUAL OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
Phone # 1(929) 205-6099
Meeting ID 817 1179 4244, Passcode: serenity20
Last Sunday of month - Tradition meeting format

4:00 PM ROCKLAND FREETHINKERS VIRTUAL SC/OD
Email rocklandfreethinkers@gmail.com

5:00 PM GRAPEVINE GROUP VIRTUAL OSP
<https://zoom.us/j/512260138>
Phone # 1 (929) 205-6099
Meeting ID 512 260 138, Password 361590

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
Phone #1(929) 205-6099
Meeting ID 847 1616 9843, Passcode: serenity20
Last Sunday of month - Celebration meeting format

7:00 PM PROMISES TO GO (PIERMONT) VIRTUAL CD
<https://us02web.zoom.us/j/85452384108?pwd=dnNVZlhwME5udnl0eVhPZVEwVmdRZz09>
Phone +1 646 558 8656
Meeting ID: 854 5238 4108, Password: 350886

8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only) CBB
<https://zoom.us/j/549528574>
Phone # 1(646) 876-9923
Meeting ID: 549 528 574, Password: 301320



VIRTUAL MEETING LIST

**ALCOHOLICS ANONYMOUS OF
ROCKLAND COUNTY
P.O. BOX 706
WEST NYACK, NEW YORK 10994**

(845) 352- 1112

24 HOUR ANSWERING SERVICE

www.AA.org

www.rocklandnyaa.org

MEETING CODES

- | | | | |
|-----------|-------------------------|------------|-------------------------------|
| C | Closed | CD | Closed Discussion |
| B | Beginners | BB | Big Book Meeting |
| ST | Step Meeting | T | Traditions Meeting |
| P | Promises Meeting | L | Literature Meeting |
| OD | Open Discussion | OBS | Open Beginners Speaker |
| O | Open Speaker | WC | Access for Handicapped |
| YP | Young People | SC | Secular |

O and OD meetings may be attended by anyone.

All other meetings are restricted to alcoholics only and are intended for alcoholics and those who think they have a problem with alcohol.

NOTES: If dialing in, press * 9 to raise hand to share.
For online meetings, click or enter the link into your browser

Check Website for Committee Meeting Status

***The Rockland County Intergroup** meets on the first Tuesday of the month. Check website for location or links.

***The Rockland County General Service Committee** meets virtually on the third Wednesday of the month at 7:30 PM.

***The Rockland AA Intergroup Institutions Committee** meets on the first Tuesday of each month at 7:30 PM, check website for location or links.

***The Rockland County Public Information Committee** meets the first Monday of each month at 8:00 PM. Check website for location or links.

***The Rockland County Bookers Exchange** meets the first Tuesday of March, June, September, and December at 7:00 PM. Check website to confirm.

MONDAY

7:30 AM SUNRISE GROUP HYBRID CST
<https://us04web.zoom.us/j/788083896>
Phone # 1(646) 558-8656
Meeting ID: 788 083 896, PW 7867473

8:00 AM HOUR OF POWER VIRTUAL OL
(Open Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09>
Phone #1(929)205-6099
Meeting ID 810 6263 3610, Passcode: serenity20

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
Phone #1(929) 205-6099
Mtg ID 847 1616 9843, Passcode: serenity20

6:00 PM CONGERS BY THE BOOK WOMEN'S HYBRID CD
<https://zoom.us/j/885479050>
Phone # 1(929) 436-2866
Meeting ID 885 479 050, Password: 760120
(Women Only)

7:00 PM WEST NYACK GROUP HYBRID CB
<https://us02web.zoom.us/j/89014327680?pwd=NW5sa3BMZWUOV091eHUvK3lFSzJyZz09>
Phone # 1 (929) 205-6099
Meeting ID: 890 1432 7680, pw 715634

7:30 PM FOOTPRINTS GROUP VIRTUAL OSP
<https://us04web.zoom.us/j/849935443?pwd=VVIMWVlqOQcybkFXejA3YUgrbXVUZz09>
Phone # 1(929) 436-2866
Meeting ID 849-935-443, Password: 810275

7:30 PM ROCKLAND FREETHINKERS VIRTUAL OSC
Contact rocklandfreethinkers@gmail.com

8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only) CD
<https://zoom.us/j/549528574>
Phone # 1(646) 876-9923
Meeting ID: 549 528 574, Password: 301320

TUESDAY

7:30 AM SUNRISE GROUP HYBRID CD/B
(Living Sober Newcomers)
<https://us04web.zoom.us/j/788083896>
Phone # 1(646) 558-8656,
Meeting ID: 788 083 896, PW 7867473

8:00 AM HOUR OF POWER VIRTUAL (Daily Reflections) OL
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09>
Phone #1(929)205-6099
Meeting ID 810 6263 3610, Passcode: serenity20

NOON HOUR OF POWER VIRTUAL OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
Phone # 1(929) 205-6099
Meeting ID 817 1179 4244, Passcode: serenity20

5:15 PM GRAPEVINE GROUP VIRTUAL CD
<https://zoom.us/j/485056411>
Phone # 1 (929) 205-6099,
Meeting ID 485 056 411, PW 312610

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
Phone: # 1(929) 205-6099,
Meeting ID 847 1616 9843, Passcode: serenity20

6:30 PM GRAPEVINE GROUP VIRTUAL CST
<https://zoom.us/j/485056411>
Phone # 1 (929) 205-6099
Meeting ID 485 056 411, Password 312 610

7:15 PM SUFFERN GROUP VIRTUAL (opens at 7 pm) CST
<https://us04web.zoom.us/j/168569973?pwd=dER1U2NqU3AwNEV0ZmdPVU5KTdWdz09>
Phone # 1 (646) 558 8656
Meeting ID 168 569 973, Password 260949

7:15 PM NEW HORIZONS VIRTUAL (starts 3/9/21) OB/D
<https://zoom.us/j/84465048212>
Phone 1(929) 205-6099
Meeting ID 84465048212, Passcode 849597

8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only) CST
<https://zoom.us/j/549528574>
Phone # 1(646) 876-9923
Meeting ID: 549 528 574, Password: 301320

8:00 PM HOUR OF POWER VIRTUAL OD
<https://us02web.zoom.us/j/86853175968?pwd=Q1pUakRFTzhRW5NNTJkZ3JlTUU4UT09>
Phone # 1(929) 205-6099
Meeting ID 868 531 75968, Passcode: serenity20

February 29, 2024

WEDNESDAY

- 7:30 AM SUNRISE GROUP HYBRID** OSP
<https://us04web.zoom.us/j/788083896>
 Phone # 1(646) 558-8656
 Meeting ID: 788 083 896, Password 7867473
- 8:00 AM HOUR OF POWER VIRTUAL** OL
 (Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09>
 Phone #1(929)205-6099
 Meeting ID 810 6263 3610, Passcode: serenity20
- NOON HOUR OF POWER VIRTUAL** OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
 Phone # 1(929) 205-6099
 Meeting ID 817 1179 4244, Passcode: serenity20
- 6:00 PM HOUR OF POWER VIRTUAL** OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
 Phone: Dial +1(929) 205-6099,
 Meeting ID 847 1616 9843, Passcode: serenity20
- 6:30 PM CONGERS BY THE BOOK HYRID** OB
<https://zoom.us/j/845080729>
 Phone # 1 (929) 436-2866
 Meeting ID 845-080-729, Password 998756
- 6:30 PM JUST FOR TODAY VIRTUAL** OD
<https://us02web.zoom.us/j/3450360709>
 Phone # (929) 205-6099,
 Meeting ID 345 036 0709
- 8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only)** CB
<https://zoom.us/j/549528574>
 Phone # 1(646) 876-9923
 Meeting ID: 549 528 574, Password 301320
- 9:00 PM 11th STEP MEDITATION/DISCUSSION VIRTUAL** OST/D
<https://us04web.zoom.us/j/2316225487>
 Phone +1 415 762 9988
 Meeting ID: 231 622 5487 Password 164
- 9:00 PM PALISADES HYBRID** CD
<https://us04web.zoom.us/j/789062646>
 Phone: +16468769923,,789062646#
 Meeting ID: 789 062 646

THURSDAY

- 7:30 AM SUNRISE GROUP HYBRID** CBB
<https://us04web.zoom.us/j/788083896>
 Phone # 1(646) 558-8656
 Meeting ID: 788 083 896, Password 7867473
- 8:00 AM HOUR OF POWER VIRTUAL** OL
 (Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09>
 Phone #1(929)205-6099
 Meeting ID 810 6263 3610, Passcode: serenity20
- NOON HOUR OF POWER VIRTUAL** OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
 Phone # 1(929) 205-6099
 Meeting ID 817 1179 4244, Passcode: serenity20
- 6:00 PM HOUR OF POWER VIRTUAL** OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
 Phone: Dial +1(929) 205-6099,
 Meeting ID 847 1616 9843, Passcode: serenity20
- 6:30 PM SOS GROUP VIRTUAL** CBB/ST
<https://us04web.zoom.us/j/319770768>
 Phone # (646) 558-8656
 Meeting ID 319-770-768, Password 993556;
 1st Thursday, Step of the Month.
- 7:00 PM ANY LENGTHS VIRTUAL** CST
<https://us04web.zoom.us/j/605008025>
 Phone # (646) 558-8656,
 Meeting ID 605 008 025, password 025147
- 7:30 PM PIERMONT UNITY** CD
<https://us04web.zoom.us/j/89694468349>
 Meeting ID 896 9446 8349, Phone 1-929-205-6099
- 7:30 PM SLOATSBURG VIRTUAL** CD
<https://us04web.zoom.us/j/948978123?pwd=T05PK31Ib3Q1YUg2Q1RxWDIPIRlkrQT09>
 Phone # 1 646 558 8656
 Meeting ID: 948 978 123, Password: 556360
- 8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only)** OSP
<https://zoom.us/j/549528574>
 Phone # 1(646) 876-9923, ID: 549 528 574, Pw: 301320

FRIDAY

- 7:30 AM SUNRISE GROUP HYBRID** CDR
 (Daily Reflections)
<https://us04web.zoom.us/j/788083896>
 Phone # 1(646) 558-8656
 Meeting ID: 788 083 896, Password 7867473
- 8:00 AM HOUR OF POWER VIRTUAL** OL
 (Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09>
 Phone #1(929)205-6099
 Meeting ID 810 6263 3610, Passcode: serenity20
- NOON HOUR OF POWER VIRTUAL** OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
 Phone # 1(929) 205-6099
 Meeting ID 817 1179 4244, Passcode: serenity20
- 6:00 PM HOUR OF POWER VIRTUAL** OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
 Phone: Dial +1(929) 205-6099,
 Meeting ID 847 1616 9843, Passcode: serenity20
- 7:00 PM SOBER SISTERS VIRTUAL (Women Only)** CD
 Meditation Meeting
 Email sistersrockland@gmail.com for zoom login
- 8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only)** CD
<https://zoom.us/j/549528574>
 Phone # 1(646) 876-9923
 Meeting ID: 549 528 574, Password: 301320

SATURDAY

- 8:00 AM HOUR OF POWER VIRTUAL** OL
 (Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09>
 Phone #1(929)205-6099
 Meeting ID 810 6263 3610, Passcode: serenity20
- 9:00 AM CAVE DWELLERS VIRTUAL** CB
<https://us02web.zoom.us/j/88594692573?pwd=MjYyRWhEOFFBmp3RURlcTRTV202UT09>
 Phone #646-489-3309
 Meeting ID: 885 9469 2573, Password: 113059
 Fourth Saturday of month Hybrid, Open Speakers
- 10:00 AM UNITY (PIERMONT) VIRTUAL** OSP/D
<https://us06web.zoom.us/j/87299771232?pwd=YWVCK3NRakJzODF2d1YzdW0rZXgzdz09>
 Phone #646-558-8656
 Meeting ID: 872 9977 1232, Password: 372359
 Last Saturday Anniversary Celebration
- NOON HOUR OF POWER VIRTUAL** OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
 Phone # 1(929) 205-6099
 Meeting ID 817 1179 4244, Passcode: serenity20
- 6:00 PM HOUR OF POWER VIRTUAL** OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
 Phone: Dial +1(929) 205-6099,
 Meeting ID 847 1616 9843, Passcode: serenity20
- 6:30 PM GRAPEVINE GROUP VIRTUAL** OB
<https://zoom.us/j/395544016>
 Phone # 1 (929) 205-6099
 Meeting ID 395 544 016, PW 616055
- 7:00 PM WEST NYACK GROUP HYBRID** OSP/D
<https://us02web.zoom.us/j/84728291340?pwd=Ti9kZ2tYTHhBYXpYdWFzaTZCZENsdz09>
 Phone +1(929) 205-6099
 Meeting ID: 847 2829 1340, pw 715634
- 7:45 PM GRAPEVINE GROUP VIRTUAL** CD
<https://zoom.us/j/395544016>
 Phone # 1 (929) 205-6099
 Meeting ID 395 544 016, PW 616055
- 8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only)** CL
<https://zoom.us/j/549528574>
 Phone # 1(646) 876-9923
 Meeting ID: 549 528 574, Password: 301320