

8:00 AM HOUR OF POWER VIRTUAL (Daily Reflections) OL
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0dJF3cHpVL3Z4TlJWTVpEZz09>
 Phone #1 (929) 205-6099
 Meeting ID 810 6263 3610, Passcode: serenity20
 Last Sunday of month - Celebration meeting format

8:30 AM SOS GROUP VIRTUAL OL
(Open Daily Reflection)
<https://us02web.zoom.us/j/87675607452?pwd=Q3FsRlZlYlZlY3RSUjQ0WkNmVE05R0ZsUT09>
Phone # 1 (646) 558-8656
Meeting ID: 876 7560 7452, Password: 295759

1:00 AM NEW HORIZONS VIRTUAL OST/T
<https://zoom.us/j/84465048212>
 Phone 1(929) 205-6099
 Meeting ID 84465048212, Passcode 849597

4:00 PM ROCKLAND FREETHINKERS VIRTUAL SC/OD
Email rocklandfreethinkers@gmail.com

6:00 PM HOUR OF POWER VIRTUAL **OB**
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZbGloZU09>
 Phone #1(929) 205-6099
 Meeting ID 847 1616 9843, Passcode: serenity20
 Last Sunday of month - Celebration meeting format

7:30 PM SLOATSBURG VIRTUAL CD
<https://us04web.zoom.us/j/471842321>
 Phone # +16465588656
 Meeting ID 471-842-321, Password 870017

8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only) CBB
<https://zoom.us/j/549528574>
 Phone # 1(646) 876-9923
 Meeting ID: 549 528 574, Password: 301320



**ALCOHOLICS ANONYMOUS OF
ROCKLAND COUNTY
P.O. BOX 706
EST NYACK, NEW YORK 10994**

www.AA.org

MEETING CODES

C	Closed	CD	Closed Discussion
B	Beginners	BB	Big Book Meeting
ST	Step Meeting	T	Traditions Meeting
P	Promises Meeting	L	Literature Meeting
OD	Open Discussion	OBS	Open Beginners Speaker
O	Open Speaker	WC	Access for Handicapped
YP	Young People	SC	Secular

All other meetings are restricted to alcoholics only and are intended for alcoholics and those who think they have a problem with alcohol.

NOTES: If dialing in, press * 9 to raise hand to share.
For online meetings, click or enter the link into your browser

***The Rockland County Intergroup** meets on the first Tuesday of the month. Check website for location or links.

virtually on the third Wednesday of the month at 7:30 PM.

***The Rockland AA Intergroup Institutions Committee** meets on the first Tuesday of each month at 7:30 PM, check website for location or links.

***The Rockland County Public Information Committee meets the first Monday of each month at 8:00 PM. Check website for location or links.**

***The Rockland County Bookers Exchange** meets the first Tuesday of March, June, September, and December at 7:00 PM. Check website to confirm.

7:30 AM SUNRISE GROUP VIRTUAL CST
<https://us04web.zoom.us/j/788083896>
 Phone # 1(646) 558-8656
 Meeting ID: 788 083 896, PW 7867473

8:00 AM HOUR OF POWER VIRTUAL OL
(Open Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVVodjFhbnZkdjZ4TlJWTVpEZz09>
Phone #1(929)205-6099
Meeting ID 810 6263 3610, Passcode: serenity20

10:30 AM CONGERS WOMEN'S GROUP PHONE CST
Phone: 425-436-6318; enter access code 410272#

6:00 PM HOUR OF POWER VIRTUAL **OB**
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Cei95VUwvOEJZb2loZUT09>
 Phone #1(929) 205-6099
 Mtg ID 847 1616 9843, Passcode: serenity20

6:00 PM CONGRERS BY THE BOOK WOMEN'S HYBRID CD
<https://zoom.us/j/885479050>
 Phone # 1(929) 436-2866
 Meeting ID 885 479 050, Password: 760120
 (Women Only)

7:00 PM ANY LENGTHS VIRTUAL OB
<https://us04web.zoom.us/j/605008025>
 Phone: (646) 558-8656
 Meeting ID 605 008 025, Password 025147

7:00 PM WEST NYACK GROUP HYBRID CB
<https://us02web.zoom.us/j/89014327680?pwd=+NW5sa3BMZVUOV091eHUvK3lFSzjvZz0>
 Phone # 1 (929) 205-6099
 Meeting ID: 890 1432 7680, pw 715634

7:30 PM KEY TO SOBRIETY VIRTUAL OST
<https://us05web.zoom.us/j/81499438287?pwd=eXU2dDRnNHMwMENkK082eVJ5ODZqdz09>
 Phone # 1 (929) 205-6099
 Meeting ID: 814 9943 8287, Passcode: 12Steps

7:30 PM FOOTPRINTS GROUP VIRTUAL OSP
<https://us04web.zoom.us/j/849935443?pwd=VVlMWWlqOQ0cLkFhXUgrbXVUZz09>
 Phone # 1(929) 436-2866
 Meeting ID 849-935-443, Password: 810275

7:30 PM ROCKLAND FREETHINKERS VIRTUAL OSC
Contact rocklandfreethinkers@gmail.com

8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only) CD
<https://zoom.us/j/549528574>
 Phone # 1(646) 876-9923
 Meeting ID: 549 528 574, Password: 301320

8:15 PM ANY LENGTHS VIRTUAL OS
<https://us04web.zoom.us/j/605008025>
 Phone # 1 646-558-8656
 Meeting ID: 605 008 025 Password 025147

7:30 AM SUNRISE GROUP VIRTUAL CD/B
(Living Sober Newcomers)
<https://us04web.zoom.us/j/788083896>
Phone # 1(646) 558-8656,
Meeting ID: 788 083 896, PW 7867473

8:00 AM HOUR OF POWER VIRTUAL (Daily Reflections) OL
<https://us02web.zoom.us/j/81062633610?pwd=ZlJhRVV0dFZ3cHpVL3Z4TlJWTVpEZz09>
 Phone #1(929)205-6099
 Meeting ID 810 6263 3610, Passcode: serenity20

NOON HOUR OF POWER VIRTUAL OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRzRT3oZWp1aUJtak56a0wrL0RYdz09>
 Phone # 1(929) 205-6099
 Meeting ID 817 1179 4244, Passcode: serenity20

5:15 PM GRAPEVINE GROUP VIRTUAL **CD**
<https://zoom.us/j/485056411>
 Phone # 1 (929) 205-6099,
 Meeting ID 485 056 411, PW 312610

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Laj95VUwvOEJkZl9kZT09>
 Phone: # 1(929) 205-6099,
 Meeting ID 847 1616 9843, Passcode: serenity20

6:30 PM GRAPEVINE GROUP VIRTUAL CST
<https://zoom.us/j/485056411>
 Phone # 1 (929) 205-6099
 Meeting ID 485 056 411, Password 312 610

6:30 PM CONGRS BY THE BOOK VIRTUAL CBB
<https://zoom.us/j/893739314>
 Phone # 1 (929) 436-2866
 Meeting ID 893 739 314, Password 467382

7:15 PM SUFFERN GROUP VIRTUAL (opens at 7 pm) CST
<https://us04web.zoom.us/j/168569973?pwd=dERlU2NkU3AwNEZlZDdWdz09>
 Phone # 1 (646) 558 8656
 Meeting ID 168 569 973, Password 260949

7:15 PM NEW HORIZONS VIRTUAL (starts 3/9/21) OB/D
<https://zoom.us/j/84465048212>
 Phone 1(929) 205-6099
 Meeting ID 84465048212, Passcode 849597

7:30 PM STEP BY STEP VIRTUAL BB
<https://zoom.us/j/5884966347>
 Phone 1 (929) 436-2866
 Meeting ID 588 496 6347, Password stepbystep

8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only) CST
<https://zoom.us/j/549528574>
 Phone # 1(646) 876-9923
 Meeting ID: 549 528 574, Password: 301320

8:00 PM HOUR OF POWER STEPS/TRADITIONS VIRTUAL OST/T
<https://us02web.zoom.us/j/86853175968?pwd=Q1pUakRFRTZhRW5NNTJDc3JiTU4UT09>
 Phone # 1(929) 205-6099
 Meeting ID 868 531 75968, Passcode: serenity20

8:30 PM SUFFERN GROUP VIRTUAL **OB**
<https://us04web.zoom.us/j/168569973?pwd=dERlU2NqU3AwNEZkdjZkdDdWdz09>
OZmdPVU5KTDdWdz09
 Phone # 1 (646) 558 8656
 Meeting ID 168 569 973, Password 260949

WEDNESDAY			FRIDAY			8:00 AM HOUR OF POWER VIRTUAL OL		
7:30 AM SUNRISE GROUP VIRTUAL OSP			7:30 AM SUNRISE GROUP VIRTUAL CDR			(Daily Reflections) https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09 Phone #1(646) 558-8656 Meeting ID: 788 083 896, Password 7867473		
8:00 AM HOUR OF POWER VIRTUAL OL			8:00 AM HOUR OF POWER VIRTUAL OL			9:00 AM CAVE DWELLERS VIRTUAL CB		
(Daily Reflections) https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09 Phone #1(929)205-6099 Meeting ID 810 6263 3610, Passcode: serenity20			(Daily Reflections) https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0djF3cHpVL3Z4TlJWTVpEZz09 Phone #1(929)205-6099 Meeting ID 810 6263 3610, Passcode: serenity20			https://us02web.zoom.us/j/88594692573?pwd=MjYyRWhEOFFfbmp3RURlcTRTV202UT09 Phone #646-489-3309 Meeting ID: 885 9469 2573, Password: 113059 Fourth Saturday of month Hybrid		
NOON HOUR OF POWER VIRTUAL OST			NOON HOUR OF POWER VIRTUAL OST			10:00 AM UNITY GROUP VIRTUAL CD		
https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09 Phone # 1(929) 205-6099 Meeting ID 817 1179 4244, Passcode: serenity20			https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09 Phone # 1(929) 205-6099 Meeting ID 817 1179 4244, Passcode: serenity20			https://zoom.us/j/899524981 Phone 1 (929) 205-6099, Meeting ID 899 524 981, PW 030612		
6:00 PM HOUR OF POWER VIRTUAL OB			6:00 PM HOUR OF POWER VIRTUAL OB			11:00 AM PROMISES VIRTUAL CD		
https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09 Phone: Dial +1(929) 205-6099, Meeting ID 847 1616 9843, Passcode: serenity20			https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09 Phone: Dial +1(929) 205-6099, Meeting ID 847 1616 9843, Passcode: serenity20			https://us02web.zoom.us/j/86237411566?pwd=dVY2NEM5RGpzbU1hQ1REM2E3VEhDZz09 Phone: +1 646 558 8656 Meeting ID: 862 3741 1566, Password: 977790		
6:30 PM CONGERS BY THE BOOK VIRTUAL OB			6:00 PM FOOTPRINTS GROUP VIRTUAL CB			NOON HOUR OF POWER VIRTUAL OST		
https://zoom.us/j/845080729 Phone # 1 (929) 436-2866 Meeting ID 845-080-729, Password 998756			https://us02web.zoom.us/j/5910565994 Phone: +1 929 436 2866 Meeting ID: 591 056 5994, Password: 768902			https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09 Phone # 1(929) 205-6099 Meeting ID 817 1179 4244, Passcode: serenity20		
6:30 PM JUST FOR TODAY VIRTUAL OD			6:30 PM CONGERS BY THE BOOK HYBRID CST			6:00 PM HOUR OF POWER VIRTUAL OB		
https://us02web.zoom.us/j/3450360709 Phone # (929) 205-6099, Meeting ID 345 036 0709			https://zoom.us/j/675215943 Phone # 1 (929) 436-2866 Meeting ID 675-215-943, Password 096692			https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09 Phone: Dial +1(929) 205-6099, Meeting ID 847 1616 9843, Passcode: serenity20		
7:00 PM 3 in 1 VIRTUAL OSD			6:30 PM SOS GROUP VIRTUAL OBB/ST			6:30 PM GRAPEVINE GROUP VIRTUAL OB		
https://us02web.zoom.us/j/88991555898?pwd=d3M1dS8xQnRsZXZ6bUZyTWpPTGQ4dz09 phone: +1 929 205 6099 Meeting ID: 889 9155 5898 Passcode: 182246			https://us04web.zoom.us/j/319770768 Phone # (646) 558-8656 Meeting ID 319-770-768, Password 993556			https://zoom.us/j/395544016 Phone # 1 (929) 205-6099 Meeting ID 395 544 016, PW 616055		
8:00 PM YOUNG AND FREE HYBRID OB/D/SP			7:00 PM ANY LENGTHS VIRTUAL CST			7:00 PM WEST NYACK GROUP HYBRID OSP/D		
https://us02web.zoom.us/j/759627975?pwd=S1FjV2FFTndCWklzaEhYYjZ0dVlVZz09 Phone +1 929 205 6099 Meeting ID: 759 627 975, pw: 715587			https://us04web.zoom.us/j/605008025 Phone # (646) 558-8656, Meeting ID 605 008 025, password 025147			https://us02web.zoom.us/j/84728291340?pwd=Ti9kZ2tYTHhBYXpYdWFzaTZCZENsdz09 Phone +1(929) 205-6099 Meeting ID: 847 2829 1340, pw 715634		
8:00 PM THRUWAY MEN’S GROUP VIRTUAL (Men Only) CB			7:30 PM KEY TO SOBRIETY VIRTUAL OSPD			7:45 PM GRAPEVINE GROUP VIRTUAL CD		
https://zoom.us/j/549528574 Phone # 1(646) 876-9923 Meeting ID: 549 528 574, Password 301320			https://us05web.zoom.us/j/81540723089?pwd=ZTNTTlNYeTFpQ1ZTZFVHSFI4bEw5dz09 Phone # 1 (929) 205-6099 Meeting ID: 815 4072 3089, Passcode: 12Steps			https://zoom.us/j/395544016 Phone # 1 (929) 205-6099 Meeting ID 395 544 016, PW 616055		
9:00 PM 11th STEP MEDITATION/DISCUSSION VIRTUAL OST/D			7:30 PM FOOTPRINTS GROUP VIRTUAL CBB/ST			8:00 PM THRUWAY MEN’S GROUP VIRTUAL (Men Only) CL		
https://us04web.zoom.us/j/2316225487 Phone +1 415 762 9988 Meeting ID: 231 622 5487 Password 164			https://us04web.zoom.us/j/849935443?pwd=VVIMWWlqQ0cybkFXejA3YUgrbXVUZz09 Phone # 1(929) 436-2866, Meeting ID 849-935-443, Password 810275			https://zoom.us/j/549528574 Phone # 1(646) 876-9923 Meeting ID: 549 528 574, Password: 301320		
9:00 PM PALISADES VIRTUAL CD			7:30 PM STEP BY STEP VIRTUAL OB			8:30 PM SUFFERN GROUP VIRTUAL OSP		
https://us04web.zoom.us/j/789062646 Phone: +16468769923,,789062646# Meeting ID: 789 062 646			https://zoom.us/j/5884966347 Phone 1(929) 436-2866 Meeting ID 588 496 6347, Password stepbystep			https://us04web.zoom.us/j/329252363?pwd=TDRndzRtdDJ3TytodThkQ29SWmcxdz09 Phone # +16465588656 Meeting ID 329 252 363, Password 908123		
THURSDAY			SATURDAY			8:30 PM YOUNG AND FREE GROUP HYBRID C BB		
7:30 AM SUNRISE GROUP VIRTUAL CBB			7:30 AM EARLY BURDS VIRTUAL OB/SP			https://us02web.zoom.us/j/759627975?pwd=S1FjV2FFTndCWklzaEhYYjZ0dVlVZz09 Phone, +1 929 205 6099 Meeting ID: 759 627 975, pw: 715587		
https://us04web.zoom.us/j/788083896 Phone # 1(646) 558-8656 Meeting ID: 788 083 896, Password 7867473			https://us04web.zoom.us/j/6200166915 Phone: (646) 558-8656, Meeting ID 620 016 6915, Password 261244					

