

SUNDAY

8:00 AM HOUR OF POWER VIRTUAL OL
(Open Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0dFJ3cHpVL3Z4TlJWTVpEZz09>
Phone #1(929)205-6099
Meeting ID 810 6263 3610, Passcode: serenity20

8:00 AM GRACE 3/7/11 VIRTUAL OS
<https://us04web.zoom.us/j/885252110>
Phone # Phone (929) 205 6099
Meeting ID 885 252 110, Password 911569

9:00 AM NEW HORIZONS VIRTUAL OST/T
<https://zoom.us/j/84465048212>
Phone 1(929) 205-6099
Meeting ID 84465048212, Passcode 849597

9:30 AM SOS GROUP VIRTUAL OL
(Open Daily Reflection)
<https://us02web.zoom.us/j/87675607452?pwd=Q3FsR1ZlY3RSU1UQ0WkNmVE05R0ZsUT09>
Phone # 1 (646) 558-8656
Meeting ID: 876 7560 7452, Password: 295759

9:30 AM SOBER SISTERS VIRTUAL (Women Only) C/L/D
Meditation Meeting
Email sistersrockland@gmail.com for zoom login

NOON HOUR OF POWER VIRTUAL OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
Phone # 1(929) 205-6099
Meeting ID 817 1179 4244, Passcode: serenity20

4:00 PM ROCKLAND FREETHINKERS VIRTUAL SC/OD
Email rocklandfreethinkers@gmail.com

5:00 PM GRAPEVINE GROUP VIRTUAL OSP
<https://zoom.us/j/512260138>
Phone # 1 (929) 205-6099
Meeting ID 512 260 138, Password 361590

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
Phone #1(929) 205-6099
Meeting ID 847 1616 9843, Passcode: serenity20

7:00 PM PROMISES TO GO (PIERMONT) VIRTUAL CD
<https://us02web.zoom.us/j/85452384108?pwd=dnNVZlhwMEsudnl0eVhPZVEwVmdRZz09>
Phone +1 646 558 8656
Meeting ID: 854 5238 4108, Password: 350886

7:30 PM SLOATSBURG VIRTUAL CD
<https://us04web.zoom.us/j/471842321>
Phone # +16465588656
Meeting ID 471-842-321, Password 870017

8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only) CBB
<https://zoom.us/j/549528574>
Phone # 1(646) 876-9923
Meeting ID: 549 528 574, Password: 301320

8:00 PM PEARL RIVER GROUP HYBRID OSP
<https://us02web.zoom.us/j/5824721383?pwd=dkxJOEhTSDNzbGhDYmJLNHVRL1ZZZz09>
Phone # 1(646) 876-9923
Meeting ID: 582 472 1383, PW 963808

NOTES: If dialing in, press * 9 to raise hand to share.
For online meetings, click or enter the link into your browser



VIRTUAL MEETING LIST

**ALCOHOLICS ANONYMOUS OF
ROCKLAND COUNTY
P.O. BOX 706
WEST NYACK, NEW YORK 10994**

(845) 352- 1112

24 HOUR ANSWERING SERVICE

www.AA.org

www.rocklandnyaa.org

MEETING CODES

- | | | | |
|-----------|-------------------------|------------|-------------------------------|
| C | Closed | CD | Closed Discussion |
| B | Beginners | BB | Big Book Meeting |
| ST | Step Meeting | T | Traditions Meeting |
| P | Promises Meeting | L | Literature Meeting |
| OD | Open Discussion | OBS | Open Beginners Speaker |
| O | Open Speaker | WC | Access for Handicapped |
| YP | Young People | SC | Secular |

O and OD meetings may be attended by anyone.

All other meetings are restricted to alcoholics only and are intended for alcoholics and those who think they have a problem with alcohol.

Check Website for Committee Meeting Status

***The Rockland County Intergroup** meets on the first Tuesday of the month. Check website for location or links.

***The Rockland County General Service Committee** meets virtually on the third Wednesday of the month at 7:30 PM.

***The Rockland AA Intergroup Institutions Committee** meets on the first Tuesday of each month at 7:30 PM, check website for location or links.

***The Rockland County Public Information Committee** meets the first Monday of each month at 8:00 PM. Check website for location or links.

***The Rockland County Bookers Exchange** meets the first Tuesday of March, June, September, and December at 7:00 PM. Check website to confirm.

March 5, 2021

MONDAY

7:30 AM SUNRISE GROUP VIRTUAL CST
<https://us04web.zoom.us/j/788083896>
Phone # 1(646) 558-8656
Meeting ID: 788 083 896, PW 7867473

8:00 AM HOUR OF POWER VIRTUAL OL
(Open Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0dFJ3cHpVL3Z4TlJWTVpEZz09>
Phone #1(929)205-6099
Meeting ID 810 6263 3610, Passcode: serenity20

10:30 AM CONGERS WOMEN'S GROUP PHONE CST
Phone: 425-436-6318; enter access code 410272#

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
Phone #1(929) 205-6099
Mtg ID 847 1616 9843, Passcode: serenity20

6:00 PM CONGERS WOMEN'S GROUP VIRTUAL CD
<https://zoom.us/j/885479050>
Phone # 1(929) 436-2866
Meeting ID 885 479 050, Password: 760120
(Women Only)

7:00 PM ANY LENGTHS VIRTUAL OB
<https://us04web.zoom.us/j/605008025>
Phone: (646) 558-8656
Meeting ID 605 008 025, Password 025147

7:00 PM WEST NYACK GROUP HYBRID CB
<https://us02web.zoom.us/j/89014327680?pwd=NW5sa3BMZWUOV091eHUvK3lFSzJyZz09>
Phone # 1 (929) 205-6099
Meeting ID: 890 1432 7680, pw 715634

7:30 PM FOOTPRINTS GROUP VIRTUAL OSP
<https://us04web.zoom.us/j/849935443?pwd=VVMWVWlqOQcybkFXejA3YUgrbXVUZz09>
Phone # 1(929) 436-2866
Meeting ID 849-935-443, Password: 810275

7:30 PM ROCKLAND FREETHINKERS VIRTUAL OSC
Contact rocklandfreethinkers@gmail.com

8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only) CD
<https://zoom.us/j/549528574>
Phone # 1(646) 876-9923
Meeting ID: 549 528 574, Password: 301320

8:15 PM ANY LENGTHS VIRTUAL OS
<https://us04web.zoom.us/j/605008025>
Phone # 1 646-558-8656
Meeting ID: 605 008 025 Password 025147

TUESDAY

7:30 AM SUNRISE GROUP VIRTUAL OD/B
(Open living Sober Newcomers)
<https://us04web.zoom.us/j/788083896>
Phone # 1(646) 558-8656,
Meeting ID: 788 083 896, PW 7867473

8:00 AM HOUR OF POWER VIRTUAL (Daily Reflections) OL
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVV0dFJ3cHpVL3Z4TlJWTVpEZz09>
Phone #1(929)205-6099
Meeting ID 810 6263 3610, Passcode: serenity20

NOON HOUR OF POWER VIRTUAL OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
Phone # 1(929) 205-6099
Meeting ID 817 1179 4244, Passcode: serenity20

5:15 PM GRAPEVINE GROUP VIRTUAL CD
<https://zoom.us/j/485056411>
Phone # 1 (929) 205-6099,
Meeting ID 485 056 411, PW 312610

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
Phone: # 1(929) 205-6099,
Meeting ID 847 1616 9843, Passcode: serenity20

6:30 PM GRAPEVINE GROUP VIRTUAL CST
<https://zoom.us/j/485056411>
Phone # 1 (929) 205-6099
Meeting ID 485 056 411, Password 312 610

6:30 PM CONGERS BY THE BOOK VIRTUAL CBB
<https://zoom.us/j/893739314>
Phone # 1 (929) 436-2866
Meeting ID 893 739 314, Password 467382

7:15 PM SUFFERN GROUP VIRTUAL (opens at 7 pm) CST
<https://us04web.zoom.us/j/168569973?pwd=dER1U2NqU3AwNEV0ZmdPVU5KTdDdWdz09>
Phone # 1 (646) 558 8656
Meeting ID 168 569 973, Password 260949

7:15 PM NEW HORIZONS VIRTUAL (starts 3/9/21) OB/D
<https://zoom.us/j/84465048212>
Phone 1(929) 205-6099
Meeting ID 84465048212, Passcode 849597

7:30 PM STEP BY STEP VIRTUAL BB
<https://zoom.us/j/5884966347>
Phone 1 (929) 436-2866
Meeting ID 588 496 6347, Password stepbystep

7:30 PM FRIENDS BY THE FIRE VIRTUAL CD
<https://us02web.zoom.us/j/81279950308>
Phone 646-558-8656
Meeting ID: 848 0722 1712, Password: 123456

8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only) CST
<https://zoom.us/j/549528574>
Phone # 1(646) 876-9923
Meeting ID: 549 528 574, Password: 301320

8:00 PM HOUR OF POWER STEPS/TRADITIONS VIRTUAL OST/T
<https://us02web.zoom.us/j/86853175968?pwd=Q1pUakRFtzhRW5NNtJdC3JiTIU4UT09>
Phone # 1(929) 205-6099
Meeting ID 868 531 75968, Passcode: serenity20

8:30 PM SUFFERN GROUP VIRTUAL OB
<https://us04web.zoom.us/j/168569973?pwd=dER1U2NqU3AwNEV0ZmdPVU5KTdDdWdz09>
Phone # 1 (646) 558 8656
Meeting ID 168 569 973, Password 260949

WEDNESDAY

7:30 AM SUNRISE GROUP VIRTUAL OSP
<https://us04web.zoom.us/j/788083896>
 Phone # 1(646) 558-8656
 Meeting ID: 788 083 896, Password 7867473

8:00 AM HOUR OF POWER VIRTUAL OL
 (Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVVodjF3cHpVL3Z4TlJWTVpEz09>
 Phone #1(929)205-6099
 Meeting ID 810 6263 3610, Passcode: serenity20

11:00 AM CONGERS WOMENS VIRTUAL CL
<https://us02web.zoom.us/j/89737488594?pwd=OThXRHY3eWVqelBkUWkraGNjM2JhZz09>
 Phone: +1 (646) 558 8656
 Meeting ID 897 3748 8594, Passcode: 212771

NOON HOUR OF POWER VIRTUAL OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
 Phone # 1(929) 205-6099
 Meeting ID 817 1179 4244, Passcode: serenity20

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
 Phone: Dial +1(929) 205-6099,
 Meeting ID 847 1616 9843, Passcode: serenity20

6:30 PM CONGERS BY THE BOOK VIRTUAL OB
<https://zoom.us/j/845080729>
 Phone # 1 (929) 436-2866
 Meeting ID 845-080-729, Password 998756

6:30 PM JUST FOR TODAY VIRTUAL OD
<https://us02web.zoom.us/j/3450360709>
 Phone # (929) 205-6099,
 Meeting ID 345 036 0709

7:00 PM 3 in 1 VIRTUAL OSD
<https://us02web.zoom.us/j/88991555898?pwd=d3M1dS8xOnR3ZXZ6bUZyTWpPTGQ4dz09>
 phone: +1 929 205 6099
 Meeting ID: 889 9155 5898
 Passcode: 182246

8:00 PM YOUNG AND FREE CDBL
<https://us02web.zoom.us/j/759627975?pwd=S1FjV2FFTndCWklzaEhYYjZ0dVlVZz09>
 Phone +1 929 205 6099
 Meeting ID: 759 627 975, pw: 715587

8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only) CB
<https://zoom.us/j/549528574>
 Phone # 1(646) 876-9923
 Meeting ID: 549 528 574, Password 301320

9:00 PM 11th STEP MEDITATION/DISCUSSION VIRTUAL OST/D
<https://us04web.zoom.us/j/2316225487>
 Phone +1 415 762 9988
 Meeting ID: 231 622 5487 Password 164

9:00 PM PALISADES VIRTUAL CD
<https://us04web.zoom.us/j/789062646>
 Phone: +16468769923,,789062646#
 Meeting ID: 789 062 646

THURSDAY

7:30 AM SUNRISE GROUP VIRTUAL CBB
<https://us04web.zoom.us/j/788083896>
 Phone # 1(646) 558-8656
 Meeting ID: 788 083 896, Password 7867473

8:00 AM HOUR OF POWER VIRTUAL OL
 (Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVVodjF3cHpVL3Z4TlJWTVpEz09>
 Phone #1(929)205-6099
 Meeting ID 810 6263 3610, Passcode: serenity20

NOON HOUR OF POWER VIRTUAL OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
 Phone # 1(929) 205-6099
 Meeting ID 817 1179 4244, Passcode: serenity20

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
 Phone: Dial +1(929) 205-6099,
 Meeting ID 847 1616 9843, Passcode: serenity20

6:00 PM FOOTPRINTS GROUP VIRTUAL CB
<https://us02web.zoom.us/j/5910565994>
 Phone: +1 929 436 2866
 Meeting ID: 591 056 5994, Password: 768902

6:30 PM CONGERS BY THE BOOK VIRTUAL CST
<https://zoom.us/j/675215943>
 Phone # 1 (929) 436-2866
 Meeting ID 675-215-943, Password 096692

6:30 PM SOS GROUP VIRTUAL OBB/ST
<https://us04web.zoom.us/j/319770768>
 Phone # (646) 558-8656
 Meeting ID 319-770-768, Password 993556

7:00 PM ANY LENGTHS VIRTUAL CST
<https://us04web.zoom.us/j/605008025>
 Phone # (646) 558-8656,
 Meeting ID 605 008 025, password 025147

7:30 PM FOOTPRINTS GROUP VIRTUAL CBB/ST
<https://us04web.zoom.us/j/849935443?pwd=VVIMWWlqQ0cybkFXejA3YUgrbXVUZz09>
 Phone # 1(929) 436-2866,
 Meeting ID 849-935-443, Password 810275

7:30 PM STEP BY STEP VIRTUAL OB
<https://zoom.us/j/5884966347>
 Phone 1(929) 436-2866
 Meeting ID 588 496 6347, Password stepbystep

7:30 PM SLOATSBURG VIRTUAL CD
<https://us04web.zoom.us/j/948978123?pwd=T05PK311b3Q1YUg2QlR3WDIPRlkrQT09>
 Phone # 1 646 558 8656
 Meeting ID: 948 978 123, Password: 556360

8:00 PM THURWAY MEN'S GROUP VIRTUAL (Men Only) OSP
<https://zoom.us/j/549528574>
 Phone # 1(646) 876-9923
 Meeting ID: 549 528 574, Password: 301320

FRIDAY

7:30 AM SUNRISE GROUP VIRTUAL CD
<https://us04web.zoom.us/j/788083896>
 Phone # 1(646) 558-8656
 Meeting ID: 788 083 896, Password 7867473

8:00 AM HOUR OF POWER VIRTUAL OL
 (Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVVodjF3cHpVL3Z4TlJWTVpEz09>
 Phone #1(929)205-6099
 Meeting ID 810 6263 3610, Passcode: serenity20

NOON HOUR OF POWER VIRTUAL OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
 Phone # 1(929) 205-6099
 Meeting ID 817 1179 4244, Passcode: serenity20

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
 Phone: Dial +1(929) 205-6099,
 Meeting ID 847 1616 9843, Passcode: serenity20

7:00 PM SOBER SISTERS VIRTUAL (Women Only) CD
 Meditation Meeting
 Email sistersrockland@gmail.com for zoom login

7:30 PM SLOATSBURG VIRTUAL OB
<https://us04web.zoom.us/j/989885074>
 Phone 1 (646) 558-8656
 Meeting ID 989 885074, Password 022565

7:30 PM PIERMONT GROUP VIRTUAL CD
<https://zoom.us/j/5096178348>
 Phone #: 646 558 8656
 Meeting ID 509 617 8348, Password 042252

7:30 PM STEP BY STEP VIRTUAL OB
<https://zoom.us/j/5884966347>
 Phone 1(929) 436-2866
 Meeting ID 588 496 6347, Password stepbystep

7:45 PM PEARL RIVER GROUP HYBRID CST/T
<https://zoom.us/j/326435870>
 Phone # (929) 436-2866
 Meeting ID 326 435 870, Password 963808

8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only) CD
<https://zoom.us/j/549528574>
 Phone # 1(646) 876-9923
 Meeting ID: 549 528 574, Password: 301320

8:30 PM BROAD HIGHWAY GROUP VIRTUAL CST/SP
<https://us02web.zoom.us/j/88345101321>
 Phone #+16465588656,,88345101321#
 Meeting ID: 883 4510 1321

9:00 PM PEARL RIVER GROUP HYBRID CB
<https://zoom.us/j/326435870>
 Phone # (929) 436-2866
 Meeting ID 326 435 870, Password 963808

SATURDAY

7:30 AM EARLY BURDS VIRTUAL OB/SP
<https://us04web.zoom.us/j/6200166915>
 Phone: (646) 558-8656,
 Meeting ID 620 016 6915, Password 261244

8:00 AM HOUR OF POWER VIRTUAL OL
 (Daily Reflections)
<https://us02web.zoom.us/j/81062633610?pwd=ZlJkRVVodjF3cHpVL3Z4TlJWTVpEz09>
 Phone #1(929)205-6099
 Meeting ID 810 6263 3610, Passcode: serenity20

9:00 AM CAVE DWELLERS VIRTUAL CB
<https://us02web.zoom.us/j/88594692573?pwd=MjYyRvRWhEOFFbmp3RURlcTRTV202UT09>
 Phone #646-489-3309
 Meeting ID: 885 9469 2573, Password: 113059
 Fourth Saturday of month Hybrid

10:00 AM UNITY GROUP VIRTUAL CD
<https://zoom.us/j/899524981>
 Phone 1 (929) 205-6099,
 Meeting ID 899 524 981, PW 030612

11:00 AM PROMISES VIRTUAL CD
<https://us02web.zoom.us/j/86237411566?pwd=dVY2NEM5RGPzbU1hQlREM2E3VEhDZz09>
 Phone: +1 646 558 8656
 Meeting ID: 862 3741 1566, Password: 977790

NOON HOUR OF POWER VIRTUAL OST
<https://us02web.zoom.us/j/81711794244?pwd=dnRBSzRaT3o2OUJtak56a0wrL0RYdz09>
 Phone # 1(929) 205-6099
 Meeting ID 817 1179 4244, Passcode: serenity20

6:00 PM HOUR OF POWER VIRTUAL OB
<https://us02web.zoom.us/j/84716169843?pwd=ZzF1L0FGYS9Lci95VUwvOEJZblozUT09>
 Phone: Dial +1(929) 205-6099,
 Meeting ID 847 1616 9843, Passcode: serenity20

6:30 PM GRAPEVINE GROUP VIRTUAL OB
<https://zoom.us/j/395544016>
 Phone # 1 (929) 205-6099
 Meeting ID 395 544 016, PW 616055

7:00 PM WEST NYACK GROUP HYBRID OSP/D
<https://us02web.zoom.us/j/84728291340?pwd=Ti9kZ2tYTHhBYXpYdWFzaTZCZENsdz09>
 Phone +1(929) 205-6099
 Meeting ID: 847 2829 1340, pw 715634

7:45 PM GRAPEVINE GROUP VIRTUAL CD
<https://zoom.us/j/395544016>
 Phone # 1 (929) 205-6099
 Meeting ID 395 544 016, PW 616055

8:00 PM THRUWAY MEN'S GROUP VIRTUAL (Men Only) CL
<https://zoom.us/j/549528574>
 Phone # 1(646) 876-9923
 Meeting ID: 549 528 574, Password: 301320

8:30 PM SUFFERN GROUP VIRTUAL OSP
<https://us04web.zoom.us/j/329252363?pwd=TDRndzRtdDJ3TYtodThkQ29SWmcxdz09>
 Phone # +16465588656
 Meeting ID 329 252 363, Password 908123

8:30 PM YOUNG AND FREE GROUP VIRTUAL C BB
<https://us02web.zoom.us/j/759627975?pwd=S1FjV2FFTndCWklzaEhYYjZ0dVlVZz09>
 Phone, +1 929 205 6099
 Meeting ID: 759 627 975, pw: 715587

